

# Making the

# CONNECTION

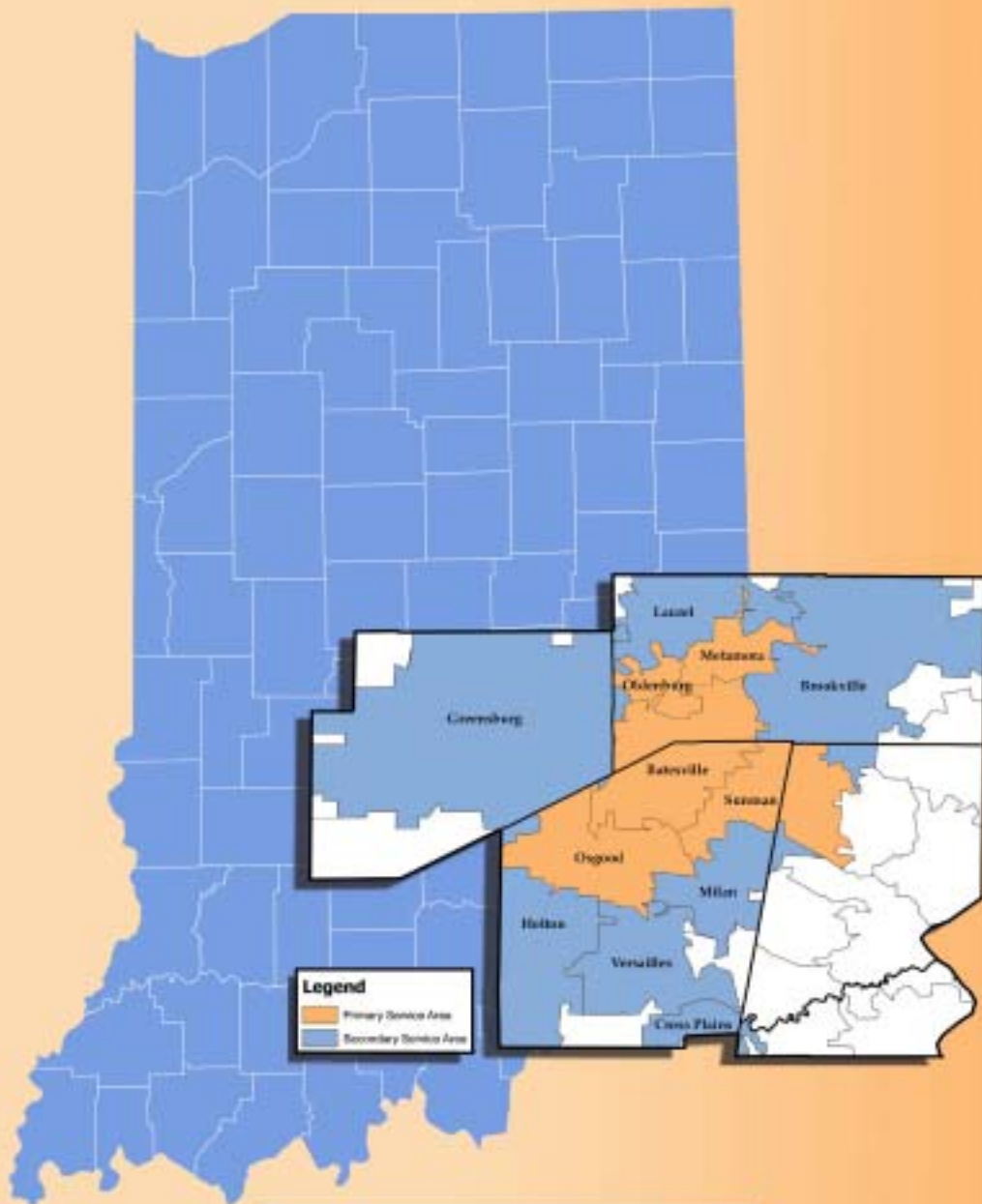
## to Better Health



**MARGARET MARY  
COMMUNITY HOSPITAL**

**Community Benefit Report 2009**

# Our Service Area



Traditional Charity Care: \$514,881  
Medicaid Shortfalls: \$2,996,532  
Programs and Services: \$1,820,808  
Total: \$5,332,221

# A Message from our President

Over the past few years, health care has received a great deal of attention at both the local and national levels. Regardless of how you feel about recent health care reform changes, one thing is certain – *understanding* and *navigating* the health care system can be difficult. As your community hospital, our role at Margaret Mary Community Hospital is to help you *connect the dots* by providing access to the medical services you need. In 2009, MMCH invested more than \$1.8 million into community benefit programs like preventive screenings, prenatal classes and immunizations. We take pride in serving the needs of our community and we hope you'll trust us as your partner in health.



*Timothy Putnam*

## About our Hospital

***Our Mission:*** To improve the health of our communities

***Our Vision:*** To be the best health care provider for our communities where people choose to come for services; where physicians choose to practice; and where team members choose to work

### ***2009 Statistics:***

- ◆ Licensed bed capacity: 25
- ◆ Inpatient Admissions: 2,166
- ◆ Outpatient Visits: 140,747
- ◆ Number of births: 362
- ◆ Average Daily Census: 17.83
- ◆ Team members: 499
- ◆ Volunteers: 63
- ◆ Volunteer Service Hours: 7,514
- ◆ Active Medical Staff: 33
- ◆ Courtesy Medical Staff: 106
- ◆ Allied Health Care Professionals: 19



Margaret Mary Community Hospital



Outpatient Rehabilitation Center



The Hansen Center

**Think Pink**



**Get Your Rear in Gear 5k**



**Relay for Life**



**Survivor's Day**



# Making the Connection to Better Health

# Cancer Awareness and Prevention

*\$75,441 Invested ♦ 6,174 Served*

Nearly everyone knows at least one person who has been impacted by cancer. Again in 2009, MMCH partnered with the American Cancer Society to prevent cancer and save lives through research, education, advocacy and service. Below are the cancer services offered last year:

- ♦ Offered free screenings for breast, skin, prostate and colon cancer
- ♦ Sponsored several local Relay for Life events
- ♦ Worked in conjunction with the local breast cancer support group to offer *Think Pink*, a breast cancer awareness event complete with education, inspiration, hors d'oeuvres, gifts, massages and more
- ♦ Worked in conjunction with the Ripley County Colorectal Awareness Network to offer a colon cancer educational luncheon to area businesses
- ♦ Held Indiana's first ever *Get Your Rear in Gear 5k* to raise funds for the prevention and screening of colon cancer

*Participants of all ages took part in the Get Your Rear in Gear 5k.*



Flexibility Testing



Blood Pressure Screenings



Immunizations



Flu Shots



# Making the Connection to Better Health

# Disease Prevention

*\$251,570 Invested ♦ 14,573 Served*

Like Benjamin Franklin, we believe at MMCH that “An ounce of prevention is worth a pound of cure.” That’s why we offer regular health screenings and immunizations to the community. They help ensure that common diseases are detected, treated and even prevented as early as possible. In 2009 we offered the following:

- ♦ Blood pressure screenings
- ♦ Body composition screenings
- ♦ Cholesterol screenings
- ♦ Finger stick blood sugar screenings
- ♦ Flexibility testing
- ♦ Flu clinics
- ♦ Health Risk Appraisals
- ♦ Immunizations
- ♦ Osteoporosis screenings
- ♦ Smoking Cessation
- ♦ Thyroid screenings

*Robert Mattucci took advantage of one of MMCH's free cholesterol screenings.*



# Making the Connection to Better Health

Diabetes Education



Speaking of Women's Health



Injury Prevention



Nutrition Classes



# Health Education

*\$237,603 Invested ♦ 8,443 Served*

When it comes to your health, being educated and taking action is more important than ever. That's why MMCH is committed to offering so many different educational health events throughout the year. Below is a list of the classes and presentations offered in 2009:

- ♦ Diabetes classes
- ♦ Nutrition/weight loss classes
- ♦ Heart health presentation
- ♦ Golf injury presentation
- ♦ Nurseline
- ♦ Health Fairs
- ♦ Sports injury panel discussion
- ♦ Speaking of Women's Health event
- ♦ Prenatal classes/Lactation support
- ♦ Speaker Services

*The Speaking of Women's Health event gives women of all generations the chance to focus on their personal health and well-being.*



Discounted Booster Seats



Car Seat Checks



Bike Safety



CPR Training



# Making the Connection to Better Health

# Safety and Prevention

*\$50,808 Invested ♦ 8,782 Served*

At MMCH, we're committed to helping you protect your personal safety and avoid injury. Whether we're selling discounted bike helmets or making sure our local teachers are CPR-certified, safety initiatives are always our top priority. In 2009, \$50,808 was invested in the following:

- ♦ Bike helmet presentations
- ♦ Car seat safety checks
- ♦ CPR and AED training
- ♦ Sharps disposal program
- ♦ Handwashing clinics
- ♦ First aid training
- ♦ Sale of discounted bike helmets
- ♦ Sale of discounted booster car seats

*In 2009, 1,300 people were CPR-certified through MMCH's monthly classes.*



Farm Fit Field Trip



Safe Sitter



Girls on the Run



School Tours



# Making the Connection to Better Health

# Children's Programming

*\$76,983 Invested ♦ 8,423 Served*

Healthy children make for healthy adults. That's why at MMCH, we offer a variety of children's programs designed to teach kids the importance of self-respect, healthy eating and exercise. In 2009, we offered:

- ♦ CATCH – childhood obesity program (in conjunction with area schools)
- ♦ STOP – childhood obesity nutrition classes
- ♦ Farm Fit – field trip to Merkel Goat Farm
- ♦ Girls on the Run – after-school running program
- ♦ Safe Sitter – babysitting courses
- ♦ School hospital tours

*In 2009, more than 600 girls participated in MMCH's Girls on the Run program and most of them completed a 5k walk/run.*



# Programs and Activities

	<i>Number Served</i>	<i>Benefit</i>
Cancer Awareness and Prevention	6,174	\$75,441
<ul style="list-style-type: none"> <li>◆ Cancer Research</li> <li>◆ Colorectal Awareness Network Involvement</li> <li>◆ Relay for Life Sponsorship and Involvement</li> <li>◆ Free Mammograms</li> <li>◆ Get Your Rear in Gear 5k</li> <li>◆ Prostate Cancer Screenings</li> <li>◆ Skin Cancer Screenings</li> <li>◆ Think Pink Breast Cancer Awareness Event</li> </ul>		
Career Development, Career Fairs and Mentoring	1,487	\$120,811
Children's Programming	8,423	\$76,983
<ul style="list-style-type: none"> <li>◆ CATCH - Childhood Obesity Program</li> <li>◆ Farm Fit Field Trip</li> <li>◆ Girls on the Run After-School Program</li> <li>◆ Safe Sitter Program</li> <li>◆ STOP - Childhood Obesity Nutrition Classes</li> </ul>		
Community Fund Raising	1,996	\$31,020
Community Health Assessment	119	\$7,570
Community Health Improvement Resources	56,420	\$266,503
Disease Prevention	14,573	\$251,570
<ul style="list-style-type: none"> <li>◆ Immunizations</li> <li>◆ Flu Clinics</li> <li>◆ Blood Pressure Screenings</li> <li>◆ Body Composition Screenings</li> <li>◆ Finger Stick Blood Sugar Screenings</li> <li>◆ Health Risk Appraisals</li> <li>◆ Osteoporosis Screenings</li> <li>◆ Cholesterol Screenings</li> <li>◆ Smoking Cessation</li> <li>◆ Flexibility Testing</li> <li>◆ Thyroid Screenings</li> </ul>		

	<i>Number Served</i>	<i>Benefit</i>
Donations (Cash and Inkind)	2,658	\$63,127
EMS	1,835	\$175,227
Health Care Coverage Enrollment	1,564	\$14,655
Health Education	8,443	\$237,603
♦ Nurseline		
♦ Diabetes Classes		
♦ Health Fairs		
♦ Nutrition/Weight Loss Classes		
♦ Prenatal Classes/Lactation Support		
♦ Speaker Services		
♦ Speaking of Women's Health Conference		
Miscellaneous	1,470	\$26,233
♦ Blood Drives		
♦ Coalition Building		
♦ Food and Growers Association		
♦ Referrals		
♦ Walking Programs		
Osgood Primary Care	5,354	\$290,924
Recruitment	Service Area	\$63,750
Safety and Prevention	8,782	\$50,808
♦ CPR and AED Training		
♦ Emergency Preparedness		
♦ First Aid Training		
♦ Handwashing Clinics		
♦ Sharps Disposal		
♦ Bike Helmet Presentations		
♦ Car Seat Safety Checks		
♦ Sale of Discounted Bike Helmets		
♦ Sale of Discounted Booster Car Seats		
Sports Medicine	387	\$47,815
Support Groups	739	\$20,768
<b>Totals</b>	<b>120,424</b>	<b>\$1,820,808</b>



**MARGARET MARY  
COMMUNITY HOSPITAL**

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Visit us on the web at [www.mmch.org](http://www.mmch.org).

